



SEEK THE PROTECTION WITHIN THE ST. BENEDICT MEDAL

The Church celebrates the Feast of St. Benedict on July 11. He was born in 480 AD. We know him today as a strong, courageous, and reverent monk, who lived a life of solitude with total faith in God's protection against all evil.



His medal that dates back to 1880 is one of the most popular of all Catholic medals even respectfully worn by non-Catholics. It is said to ward off evil and Satan. The front and back of the medal hold a bit of the story of this holy soul.

The St. Benedict medal features his image on one side and his cross on the other. The image of St. Benedict includes him holding a cross and his rules, and to his right a cup and left a raven. The story handed down reveals that an evil soul tried to poison the saint at dinner, when St. Benedict made the sign of the cross above his cup before the meal, the cup shattered instantly, and a raven swooped in and swiped the poisoned bread.

Above the cup are the words *Crux sancti patris Benedicti*, which is translated to “the cross of our holy Father Benedict.” Encircling St. Benedict are the words *Eius in obitu nostro praesentia muniamur*, which means, “May we be strengthened by his presence in the hour of our death.”

On the back of the Benedictine medal, you will find the letters C S S M L - N D S M D. These letters are the initials of the words, “*Crux sacra sit mihi lux! Non draco sit mihi dux!*” In English, they translate to, “May the holy cross be my light! May the dragon never be my overlord!” The larger letters on the back of the St Benedict medal are simply the initials found above Benedict on the front of the medal CSPB. At the top of the cross is the word PAX which means peace.

Around the outer circle of the medal are the initials of each line of the Rite of Exorcism - V R S N S M V - S M Q L I V B (*Vade retro Satana! Numquam suade mihi vana! Sunt mala quae libas. Ipse venena bibas!*) Translated it means “Begone Satan! Never tempt me with your vanities! What you offer me is evil. Drink the poison yourself!”

Call upon St. Benedict's to intercede for you and your loved ones, protecting from all evil.



SAINTS TO HONOR THIS WEEK

VENERABLE FR. AUGUSTUS TOLTON

On July 9th remember Good Father Gus! **Venerable Fr. Augustus Tolton** teaches us that even in the midst of difficult times and active persecution even when it is from within and those you are closest to persevere with your relationship with God and the Church.



He was the first African American Roman Catholic priest in the US. A former slave, Fr. Tolton was ordained in Rome and served as pastor of St. Boniface in Quincy, Illinois. He was known for his eloquent sermons and a beautiful signing voice.

Learn more about him from his diocese - the Archdiocese of Chicago at: TOLTON.ARCHCHICAGO.ORG

ST. KATERI TEKAKWITHA

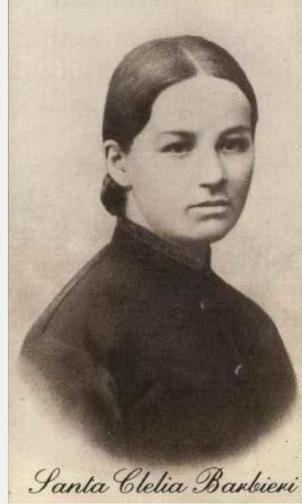
On July 14th we celebrate the feast day of **St. Kateri Tekakwitha** the first Native North American saint. She loved teaching children prayers and telling them stories about the life of Jesus. She was very empathetic - nursing the sick, collecting items for the needy, and caring for the elderly.



On her death bed her emaciated and severely scarred face became full and smooth as a beautiful healthy child. In addition, a smile came upon her lips.

Learn more about her through various Catholic resources like Ignatius Press, Franciscan media, Sadlier, and your favorite Catholic resources in print and online.

ST. CLELIA BARBIERI



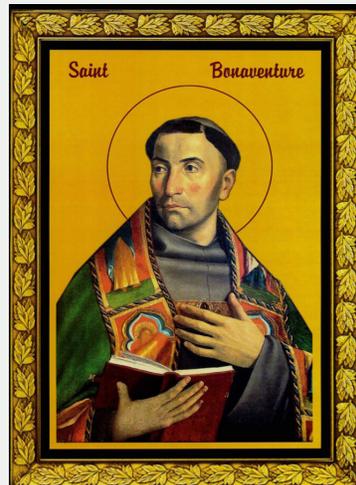
July 13th is the Feast Day of **St. Clelia Barbieri**, who died at the age of 23 in her homeland of Italy. She is the patron for those who are mocked for their faith.

She formed the Little Sisters of the Mother of Sorrows, teaching not only adults, but also the poor, sick, and children. At the age of 22 she was called

“Mother,” making her the youngest founder of a religious order in the Church.

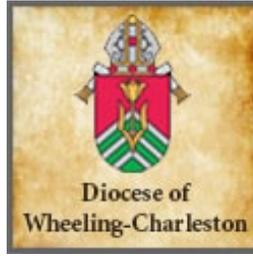
Read more of her story in Vatican News records at: WWW.VATICAN.VA/NEWS_SERVICES/LITURGY/SAINTS/NS_LIT_DOC_19890409_BARBIERI_EN.HTML

ST. BONAVENTURE



July 15th is the Feast Day of St. Bonaventure, who devoted his life to spread the love of Christ through his writings and sermons. In his sermons, St. Bonaventure, connected the gifts of the Holy Spirit to St. Joseph, defining that as head of the Holy

Family it specifically took great piety, wisdom, and fortitude to guard them from evil. He would preach that after the Blessed Mother we need to look to Joseph to intercede for us for he took in God the Son as his own.



Catholic Charities West Virginia and the Catholic Campaign for Human Development (CCHD) has been working for social change across the United States for over 53 years. Created by the United States Conference of Catholic Bishops, CCHD works with a two-pronged approach. One arm educates Americans about the realities of poverty. The other arm confronts the unique challenges of those living in poverty by funding community and economic development projects. These organizations work in innovative ways to build self-reliance and power for those in poverty.

In West Virginia for 2022, CCHD funded:

HOH Share and Grow Ohio Valley

HOH Share empowers those who are most vulnerable, the homeless and poor, with a proactive approach to community organizing. Grow Ohio Valley sees sustainable agriculture as an economic driver for West Virginia.

In the past five years, organizations in the Diocese of Wheeling-Charleston have been granted more than \$455,000 to do the good work of CCHD.

The annual collection for CCHD is July 15 and 16, 2023. Your support for this collection makes a difference for West Virginians living in poverty and those across the United States.



CCHD is providing funding to HOH Share, Inc. to empower our most vulnerable with a proactive approach to community organizing.



CCHD is providing funding to Grow Ohio Valley who sees local food and sustainable agriculture as an economic driver for West Virginia

FOURTEENTH SUNDAY
IN ORDINARY TIME

First Reading: Zechariah 9:9-10

Our Savior who rules to the ends of the earth is a peacemaker, enduring difficulties with patience and without resentment.

Responsorial Psalm: Psalm 145

“I will praise your name for ever, my king and my God.”

Second Reading: Romans 8:9, 11-13

If you have the Spirit of Christ, you belong to him. Let the Spirit dwell within you.

Gospel: Matthew 11:25-30

Take Christ’s yoke upon you and learn from him so you can face every burden with confidence and peace.

[CLICK HERE FOR FULL SCRIPTURE TEXT](#)

BIBLE.USCCB.ORG/BIBLE/READINGS/070923.CFM

PRAYER INTENTIONS

For the Church, that we share the Good News of Christ’s mercy and love to all those who are burdened by sin, let us pray to the Lord. . .

That people around the world work together for justice and peace, let us pray to the Lord. . .

For those whose work is physically demanding, that they may be treated with respect and dignity, may be assured of safe working conditions, and may receive just wages for their labor, let us pray to the Lord. . .

For all of our special intentions we hold in our hearts, let us pray to the Lord. . .

Lord hear our prayer

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Berkeley Springs	FM	107.9
Clarksburg-Bridgeport	FM	97.5
Dunbar - Charleston	AM	1450
Eastern Panhandle - coming soon	FM	88.5
Grafton - Clarksburg	AM	1190
Montgomery - Beckley	FM	89.7
Purgitsville	FM	98.7
St. Marys - Parkersburg	FM	105.3
Star City -Morgantown	FM	89.7
Summersville	FM	91.3
Wheeling - Martins Ferry, OH	FM	90.7
Weirton - Steubenville	FM	97.9

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Liturgy of the Hours

LITURGY OF THE HOURS

Pray the prayer for this day, this hour!

EBREVIARY.COM LITURGY OF THE HOURS

Scan the QR code or visit the link below to view a PDF version of the Liturgy of the Hours.



MASS ONLINE

Saturday 6pm Masses will continue to be livestreamed from the Cathedral of St. Joseph, and will be available on our website each Sunday at DWC.ORG.